

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 2023 Offering activities 7 days a week & premiering an evening card club tournament! <i>Activities are subject to change</i>		¹ 9:30-Paper pass-RR 10:30-Get moving-1A 11:00-News talk-1A 2:00-Bingo-1A 2:00-Music & memories-2B 4:00-In room visits	² <u>National Ice Cream Sandwich Day</u> 9:30-Paper pass-RR 10:30-Fitness Fun 1A 11:00-News talk 1A 2:00-Ice cream (2B) sandwich cakemaking 4:00- In room visits	³ 9:30-Paper pass-RR 10:30-Stay fit-1A 11:00-News talk-1A 2:00-Bingo-1A 2:00-Soothing sounds-2B 4:00-In room visits	⁴ <u>National Waterballoon Day</u> 9:30-Paper pass-RR 10:30-Chair'obics- 1A 11:00-News talk- 1A 2:00-Water balloon games & music-2B 3:00-Tai Chi-1A	⁵ 10:00-Paper pass & room visits 11:00-Morning motions & news talk-1A 2:00-Bingo-1A
⁶ 10:00-Paper pass & room visits 11:00-Morning motions & news talk-1A 2:00-GameTime-1A	⁷ <u>Hair Salon is Open</u> 9:30-Paper pass-RR 10:30-Stretch'a'size 1A 11:00-News talk-1A 2:00-Painting palooza-2B 3:30-Roaming recreation cart-RR	⁸ 9:30-Paper pass-RR 10:30-Get moving-1A 11:00-News talk-1A 2:00-Bingo-1A 2:00-Relax & reminisce-2B 4:00-In room visits	⁹ <u>Continental Breakfast 8:00 am 2B</u> 9:30-Paper pass-RR 10:30-Fitness fun 2B 11:00-News talk 2B 11:30-Picnic in the park-weather permitting 4:00-In room visits	¹⁰ 9:30-Paper pass 10:30-Stay fit-1A 11:00-News talk-1A 2:00-Bingo-1A 2:00-Music & memories-2B 4:00-In room visits 6:00-Card club-1A	¹¹ 9:30-Paper pass-RR 10:30-Chair'obics- 1A 11:00-News talk-1A 2:00-Jeopardy-1A 2:00-Mens Club- <u>Outside</u> 3:00-Tai Chi-1A 4:00-Roaming recreation cart-RR	¹² 10:00-Paper pass & room visits 11:00-Morning motions & news talk-1A 2:00-Bingo-1A
¹³ 10:00-Paper pass & room visits 11:00-Morning motions & news talk-1A 2:00-GameTime-1A	¹⁴ <u>Hair Salon is Open</u> 9:30-Paper pass-RR 10:30-Stretch'a'size 1A 11:00-News talk-1A 1:00-Hymn music-2B 2:00-Crafty Creations-1A	¹⁵ 9:30-Paper pass-RR 10:30-Get moving-1A 11:00-News talk-1A 1:30-Harp Music-2B 2:00-Bingo-1A 4:00-In room visits	¹⁶ 9:30-Paper pass-RR 10:30-Fitness fun 1A 11:00-News talk 1A 2:00-August birthday celebration-2B 3:30-Roaming recreation cart-RR	¹⁷ 9:30-Paper pass 10:30-Stay fit-1A 11:00-News talk-1A 2:00-Bingo-1A 2:00-Soothing sounds-2B 4:00-In room visits	¹⁸ 9:30-Paper pass-RR 10:30-Chair'obics- 1A 11:00-News talk 1A 2:00-Drive-in style movie matinee-2B 3:00-Tai Chi-1A	¹⁹ 10:00-Paper pass & room visits 11:00-Morning motions & news talk-1A 2:00-Bingo-1A
²⁰ 10:00-Paper pass & room visits 11:00-Morning motions & news talk-1A 2:00-GameTime-1A	²¹ <u>Hair Salon is Open</u> 9:30-Paper pass-RR 10:30-Stretch'a'size 1A 11:00-News talk-1A 2:00-Catholic mass1A 3:00-Pace setters- A <u>Walk in the park (weather permitting)</u>	²² 9:30-Paper pass 10:30-Get moving-1A 11:00-News talk-1A 2:00-Bingo-1A 2:00-Music & memories-2B 4:00-In room visits	²³ <u>Summer Cookout</u> 9:30-Paper pass 10:30-Fitness Fun 1A 11:00-News talk 1A 11:45-Backyard cookout 2:00- Resident council meeting- 1A 3:30-Roaming recreation cart-RR	²⁴ 9:30-Paper pass 10:30-Stay fit-1A 11:00-News talk-1A 2:00-Bingo-1A 2:00-Soothing sounds-2B 4:00-In room visits 6:00-Card Club-1A	²⁵ <u>Take-out Friday</u> 9:30-Paper pass-RR 10:30-Chair'obics- 1A 11:00-News talk-1A 2:00-Manicures & music-2B 2:00-Mens club-outside 3:00-Tai Chi 1A	²⁶ 10:00-Paper pass & room visits 11:00-Morning motions & news talk-1A 2:00-Bingo-1A
²⁷ 10:00-Paper pass & room visits 11:00-Morning motions & news talk-1A 2:00-GameTime-1A	²⁸ <u>Hair Salon is Open</u> 9:30-Paper pass 10:30-Stretch'a'size 1A 11:00-News talk-1A 2:00-Live Music by Steve Burke- <u>outside or 2B</u>	²⁹ 9:30-Paper pass 10:30-Get moving-1A 11:00-News talk-1A 2:00-Bingo-1A 2:00-Music & memories-2B 4:00-In room visits	³⁰ 9:30-Paper pass 10:30-Fitness fun 1A 11:00-Discuss the day 1A 2:00-Spa Treatment & Tattoos- <u>Hair Salon 1st Floor</u>	³¹ 9:30-Paper pass 10:30-Stay fit-1A 11:00-News talk-1A 2:00-Bingo-1A 2:00-Music & memories-2B 4:00-In room visits	August highlights: National Ice cream sandwich day 8/2, Roaming recreation cart debut 8/7, picnic in the park 8/9, evening card club 8/10, live harp music 8/15, Birthday celebration 8/16, Cookout 8/23, Live concert 8/28, Spa Day 8/30 & more! RR=Room to room	