



The Heritage Herald

Health, Happiness, News & Commitment

The Heritage Herald

December 2017

Volume 5: Issue 59 Number 100

Administrator's Corner

*To All of Our Families, Friends and Visitors~
We would like to send you the warmest heart-felt wishes
for a season filled with peace and contentment.*

GIFT GIVING POLICY For Employees: We understand that this is a time for gift giving but we want you to understand that our company policy does not allow our employees to accept personal gifts. Instead, we ask that you recognize their hard work by completing an **"Employee Comment Card"** which positively impacts the employee and goes into their file.

Although we do not encourage this, if you still feel the need to recognize the staff please do something that can be shared amongst the staff, department, etc.

BED HOLD REMINDER: This often provides much confusion and mixed emotions. First, I want to share with you that the Federal regulations mandate that the nursing home provide you/your responsible party notification of our bed hold policy when going out to the hospital, even in an emergency. This was done to help protect residents from nursing homes discharging patients. Secondly, it is your responsibility upon discharge to call the Administrator, Director of Nurses, Social Worker, Business office, Admissions or Charge Nurse to notify them of your intention to pay to hold the bed or if you would like the resident to return but choose not to pay for the bed hold. (The hold payment starts the night that the patient was discharged)

What you need to know is that all nursing homes have the same regulation. While you or your loved one is at the hospital the insurance pays for their stay at the hospital and does not pay to hold the nursing home bed. As a courtesy we will call you to see if you would like to pay to hold the bed.

While I truly realize this is a difficult decision for many especially those already on assistance, it is wise to have a discussion and plan in place in case you are faced with this conversation at some point. Rhode Island is one of those states that does not cover bed hold, even on Medicaid.

With all of that said, please know that we will do all we can to accommodate your loved one when ready to return to the home but I cannot ensure availability without a confirmed bed hold agreement. I am available for questions or concerns and encourage you to speak with your State Legislators in order to advocate for changes.

Thank you, In advance for your cooperation on this matter.

I am here to help you and welcome the opportunity to discuss any concerns that you may have.

-Gretchen Sechia



**Residents Gift Exchange
Friday, December 22nd @ 1:30pm**



Christmas Party
Music by Bob Bourassa
Thursday Dec. 21st @ 1:30pm



**Want more information about Heritage Hills Nursing & Rehab Center?
Visit our website: www.healthconceptslltd.com**





The Carolers are Coming!!!

Sunday 12/3 @ 1:30 pm
Our Redeemer Lutheran Church Choir

Monday, 12/11 @ 3:30 PM
Birchwood Middle School

Tuesday, 12/12 @ 1:30 PM
Beacon Hospice Carolers

Wednesday, 12/13 @ 3:30 PM
St. Anthony's Church

Thursday, 12/14 @ 6:00pm
North Providence Girl Scouts

Friday, 12/15 @ 1:30pm
Castle Carolers



This year's Heritage Hills Christmas Card is drawn by our very artistic resident, Donna Luongo.
Thanks Donna!!!

Attention : Resident's Responsible Representatives

**Please ensure that we have your
updated contact information,
including: mailing address, phone
number, and e-mail address.**

Thank you!



Come see what Heritage Hills is offering residents
Genesight
Finding the right medicine for your loved one just
got easier!

Wednesday, February 21, 2018 at 5:30pm

"If you've ever tried a medicine that didn't work or
caused you side effects, **you know that medicines
may not work the same for everyone.** Your genes
can influence the way our body responds to specific
medicines.

Did You Know?

Let's Make a Deal is a television
game show that originated in the
United States in December 30, 1963
and has since been produced in many
countries throughout the world. The
program was created and produced by
Stefan Hatos and Monty Hall, the latter
serving as its host for many years.



"If today is a Day, it's not for
me. My day is Feb. 15, 1914."
-Eugenie D.



Recollection

Here are some of our resident's fondest memories....

Gloria T. always had a fun game she now plays with her grandchildren at Christmas. She fills balloons with dollar bills (\$5-\$100). She let each of her grandchildren pick 3 balloons to pop. "What a great surprise. Lots of \$\$!"

As for **Elsie S.**, she baked lots of cookies and treats. "I shopped, wrapped gifts and put up the tree. It was tiring but well worth it. I was young so I had energy."

Sally S. remembers going with her mom to her High School and dragged home a 6 ft. real tree. "We made it home somehow. It turned out to be a beautiful tree when all lit up."

Danny O. remembers working 7 days a week and the holiday season was no different. "I worked even in bad snow storms but the plus side was I made lots of money to provide for my family."

And finally, **Ruth D.** fondly remembers cooking for her nieces and nephew for the holidays. She made trays of cream puffs!



From the Kitchen of Anna G. Butter Balls

Ingredients: 2 lbs Butter
16 TB Powdered Sugar
4 Tsp vanilla
8 cups Flour
1 pkg. chopped nuts

Direction:
Mix butter and vanilla. Add all ingredients. Mix well by hand. Then add nuts. Squeeze by hand and roll into ball. Bake at 325 degree oven (top shelf) for 15-20 minutes.
Let cool then sprinkle with powdered sugar .
Enjoy!!!

RESIDENTS MEMORY OF Christmas




FROM A-Z

A... ANGEL
B... BELLS
C... CANDY CANE
D... DISPLAY
E... EGGNOG
F... FIREPLACE
G... GINGERBREAD
H... HOLLY
I... ICICLE
J... JESUS
K... KRIS KRINGLE
L... LIGHTS
M... MANGER
N... NORTH POLE
O... ORNAMENTS
P... POINSETTIA
Q... QUITE NICE
R... RUDOLPH
S... ST. NICK
T... TOGETHERNESS
U... UNWRAP
V... VISIT
W... WREATH
X... X-MAS
Y... YULETIDE
Z... ZIP UP

COMPUTER INTERNET ACCESS

Available to Residents
DAILY
9 am-5pm
In the Activity Room





Christmas Day

If you plan on having lunch with a resident
on Christmas Day, please notify our
receptionist Cheryl

by Friday, December 15, 2017

Due to a limited seating accommodations
there is a limit of 2 guests per resident
and a \$5.00 charge/guest

If you plan on going out with your loved
ones please notify the unit nurses

Thank You

Have a Wonderful Holiday

WEEKLY ENTERTAINMENT

Sue McLeod
Dec. 7th @ 1:30pm

Vini Ames
Dec. 14th @ 1:30pm

Ann Watkinson
De. 17th @ 1:30pm

Bob Bourassa
Dec. 21 @ 1:30pm

B-day Bash w/ Candida Rose
Dec. 28th @ 1:30pm



Kudos! TO THE NEWS STAFF

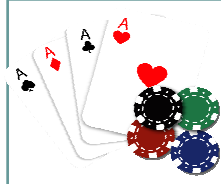
Joanne C.
Mary C.
Kay L.
Gloria T.
Donna L.
Rose O.
Doris I.
Bill D.

Frances M.
Leonora G.
Mary D.
Anita L.
Elsie S.
Ann A.
Terry O.
Marge M.



Raffle tickets are available in Activity Room
Donation: \$1.00
Drawing: December 20th
@ 1:30pm

All proceeds will benefit the
Resident's Activity Fund,
St. Jude Children's Hospital & ReFocus



**POKER CLUB
WITH JOE**
Dec. 4th & Dec. 18th
@1:30 pm (Activity room)

Rockin' Robert

Wednesday
December 20th
6:00pm



PET THERAPY

Friday:
Dec. 1st
Dec. 15th
@ 1:30pm



Katie



Ice Cream Social
Dec. 29th @ 1:30pm



Dear Resident Representatives,

Lori Levine BSW

As the Holidays are fast approaching, on behalf of our entire staff at Heritage Hills, we would like to wish you all a very peaceful and blessed Holiday Season! We are hoping this New Year brings you hope, joy, and positive opportunities. One of our goals for the upcoming year is to provide educational opportunities to our families. As our primary focus continues to be resident centered, we would like to continue in our mission to support and educate our families. We truly believe that having more knowledge allows one opportunity to make informed decisions and making informed decisions provides comfort even in the most difficult situations. We ask you to please partner with us and think about what topics hold interest to you. We are flexible and plan to have the family educational trainings held at various times and on different weekdays in order to best accommodate everyone's schedule. We have created a questionnaire form for your convenience. It is printed on blue paper there are several copies located on the table in the lobby right outside of the main office. We encourage you to take one and look forward to receiving your feedback! We truly appreciate your support and thank you in advance for your feedback.



UTI (URINARY TRACT INFECTION) AND ANTIBIOTIC USAGE

It is the policy of the facility to treat only symptomatic UTI's which is characterized by a combination of symptoms according to Mcgeers criteria.

Every attempt will be made to utilize nursing measures before antibiotics are used. These measures include for example:

- to institute the UTI protocol in place by encouraging fluids and documenting intake
- assessing vital signs
- generalized overall condition of the resident.

The protocol is put into place for three days before it is determined at that time if a Urinalysis and culture is needed and further treatment is indicated.

Antibiotics will be prescribed only when needed at the doctor's discretion.

Resident's Rights



- The right to be treated with dignity and respect.
- The right to be informed in writing about services and fees before you enter the nursing home.
- The right to manage your own money or to choose someone else you trust to do this for you.
- The right to privacy, and to keep and use your personal belongings and property as long as it doesn't interfere with the rights, health, or safety of others.
- The right to be informed about your medical condition, medications, and to see your own doctor. You also have the right to refuse medications and treatments.
- The right to have a choice over your schedule (for example, when you get up and go to sleep), your activities and other preferences that are important to you.
- The right to an environment more like a home that maximizes your comfort and provides you with assistance to be as independent as possible.

...CLASSIFIEDS & PERSONALS...



IN HOUSE BEAUTY SALON
HAIRDRESSER: MELYNDA GALLANT
HOURS: THURSDAY 9:30AM-5:30PM

PRICE LIST

SHAMPOO & SET	\$11.00
SHAMPOO CUT & SET	\$17.00
SHAMPOO & CUT	\$10.00
PERM	\$38.00
COLOR & SET	\$25.00
COLOR CUT & SET	\$30.00
MEN'S CUT	\$10.00

Please make appointments by Friday in the Activity Office

PRE-PAY SERVICE

CHECKS PAYABLE TO:
MELYNDA GALLANT

Welcome To
Our Newest
Residents!



Madeline U.
 Sally S.
 Betty P
 Daniel O.

In Memoriam

Gloria G.



Our Newsletter is now available via email!! Cheryl will take your information in the reception office. Be assured that we will not share your email with anyone !!!

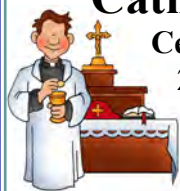
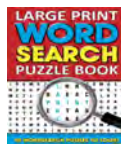


Large Print
Word Search
Puzzles Needed



Also gladly accepting donations of family-friendly videos and DVDs for our Family Movie Nights, as well as gently used **Large Print** books and magazines for our Book Mobile.

Thanks to all who religiously keep our supplies filled.



Catholic Mass

Celebrated on the
2nd Wednesday
of every month
1:30 pm

(Main Dining Room)



10:30 am
Wednesdays
&
Fridays
w/ Maria & Asia



PLEASE
 Share that
 favourite
RECIPE
 your MOM
 Shared
 with YOU!

We will share your recipe with our readers. You may drop off your recipe to Receptionist/Activity Staff.
 Thank you!

WE JUST WANT TO SAY...
THANK YOU!



To all who donated Raffle Basket/Gift Cards to our Annual Christmas Raffle.
Greatly appreciated!!!
 Proceeds from sale benefit the St. Jude Children's Research Hospital, ReFocus & Activity Dept.

Chaplet of the Divine Mercy
Wednesdays @ 1:30pm
(Main Dining Room)

Holy Communion
Wednesdays @ 1:30 pm.
(Main Dining Room)



Special Thanks

To HH volunteer, Donna and mail carrier, Bill.



EMPLOYEE NEWS



EMPLOYEES BIRTHDAYS THIS MONTH

Alexis J. -4- Dietary
Patrick K. -23- Nursing
Chad T. -23 -Dietary
Arlene P. -24-Nursing
Manuel M. -5- Nursing
Annabel W. -25-Nursing



Many Hands Make **LIGHT** Work

The Staff Wishes to Thank...

Sabina, & Gerry
Our Bingo Buddies
Rockin' Robert
Our Favorite "Night Out"
Jean & Janet
Evening Buddies
Charlie(St Anthony's Church)
Rosa, Maria & Asia
(Bible Study)
Church Volunteers
Joe D.
Poker Club
Lois & Helen
Arts & Crafts Ladies
Donna L.
Our Resident Garden & Bird Caretaker
Bill D.
Resident Mail Carrier



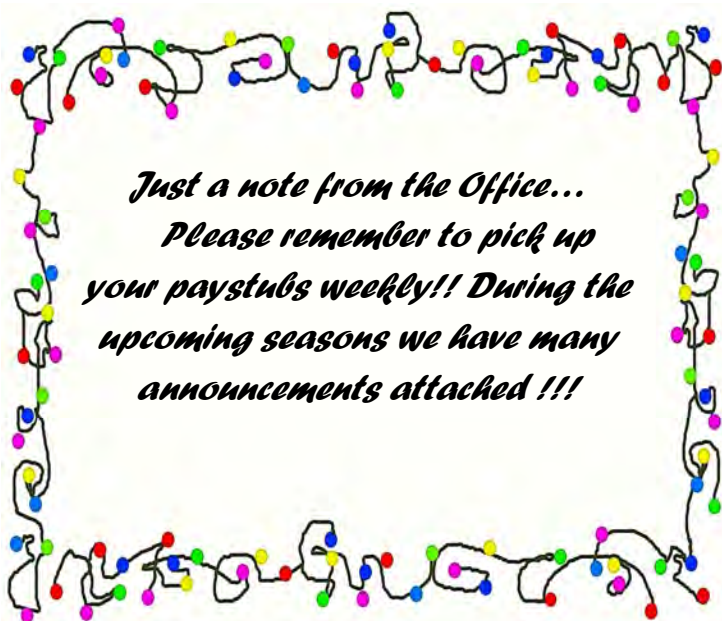
EMPLOYEE CHRISTMAS PARTY



December 19th
12:30pm-3:30pm
Main Dining Room

Welcome Aboard!!

Patrick K. (CNA)



*Just a note from the Office...
Please remember to pick up
your paystubs weekly!! During the
upcoming seasons we have many
announcements attached !!!*



Employee of the Month

Paul Rianna

Paul Rianna was named Employee of the month for his positive attitude, teamwork, respect of his peers and managers as well as several patients and families. It was even said by the son of a former (deceased) patient that Paul made his Mother's last days worth living. He is a gem. Let him know how much you appreciate him.

“FRESH SQUEEZED JUICES” WORD SEARCH

LIME
 BEET
 PEAR
 APPLE
 GRAPE
 LEMON
 PAPAYA
 CELERY
 CARROT
 TOMATO
 CHERRY
 ORANGE
 CUCUMBER
 PINEAPPLE
 BLUEBERRY
 CRANBERRY
 GRAPEFRUIT
 STRAWBERRY
 POMEGRANATE
 SWEET POTATO

R	R	M	K	O	E	Q	E	K	C	S	T	O	B	B
E	J	S	I	U	T	K	X	L	C	A	T	D	L	T
B	L	Q	T	A	A	P	B	H	P	A	R	U	L	O
M	P	M	H	R	N	X	E	E	T	P	E	R	A	M
U	E	T	D	O	A	R	U	O	E	B	A	Y	O	A
C	A	Z	M	X	R	W	P	C	E	T	A	P	E	T
U	R	E	C	Y	G	T	B	R	Y	P	Q	I	P	O
C	L	C	Q	Z	E	W	R	E	A	P	X	N	A	E
R	G	R	R	E	M	Y	X	P	R	V	P	E	R	F
O	E	V	W	W	O	C	E	L	E	R	Y	A	G	W
R	D	S	V	L	P	R	E	V	N	N	Y	P	W	L
G	R	A	P	E	F	R	U	I	T	S	I	P	L	T
Y	R	R	E	B	N	A	R	C	W	S	D	L	N	F
E	G	N	A	R	O	L	I	M	E	Z	R	E	E	T
E	S	H	X	E	O	M	K	W	H	C	J	V	Z	O