The Heritage Herald

Health, Happiness, News & Commitment

The Heritage Herald **February 2021** **Volume 5: Issue 65401 Number 136**

Hello Everyone!

As you all know, our residents and staff has received the first dose of the Covid vaccine! The second dose is scheduled for January 29th which we are all so happy and thankful for!

We are excited that we are open again for admissions, and East Wing is a quarantine unit at this time. We continue to test new patients and employees weekly. I am happy to report we have had NO recent positive results in the last two weeks!

We are just as anxious as all of you are to reopen the facility to visitors, entertainers, dining together, and all of the other things we used to love to do on a daily basis, however we have to continue to follow the guidance of the Department of Health. Despite the vaccination, we will continue to require staff and visitors to wear masks at all times, and continue to test staff on a weekly basis.

We can see the light at the end of the tunnel for this to be a reality, but we anticipate it will be a slow transition. We sincerely thank you for all of your understanding and support throughout this journey!

Happy New Year! Please stay safe!

Brenda Blair, RN, DNS

HERITAGE HILLS SAVING LIVES ONE VACCINE AT A TIME

Resident's Sweet Memories

Karen fondly remembers one year when she and her husband spent some time up in New Hampshire and they got iced in. "But my husband sent me 2 dozen roses that year. Sweet!"

Danny would take his wife Barbara to Twin Oaks for a delicious dinner and enjoy a few drinks.

For ValentinE's Day, **Mary D.** and her husband would enjoy a Chinese meal at Luke's downtown. "My husband would buy me beautiful flowers before my kids were born. Later, I would get a huge box of chocolates that I shared with everyone."

Frances R. remembers going out to dinner and getting flowers and a box of chocolate.

Joe's memories of February always revolved around the Super Bowl. In 1978 when the Big Blizzard came, I was enjoying watching in from California. My business trip took me away from home at the right time I guess, for I missed the blizzard!!!"

As for **Bob**, his favorite February was the year he was in the Coast Guard and were commissioned to go up to Alaska to break the ice along the coastline so ships could come in to port. "Of course I also loved my football games!"

As for **Joann,** she happily remembers going out to eat with her husband Allan. "He also gave me a box of chocolates!"

Joe Pie always remembers taking his wife out to dinner and they had a glass of wine and ended the night with dancing!!!

Bill fondly remembers going out to dinner w/ his wife and sending his wife a dozen roses.

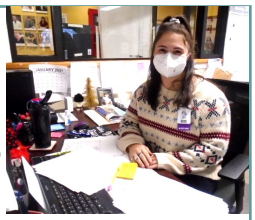
Welcome Aboard!

The Heritage Hills family wishes to welcome our new Director of Social Services, **Melissa Cashman-Smith.**

Welcome aboard Melissa!!!!

A note from the Receptionist

Kara Martin



Hi everyone! I am so excited that we have been able to start visitation again. Visitation days take place on Tuesdays and Thursdays every week. West wing unit have visits on Tuesdays and South wing unit have visits on Thursdays. There are 6 visitation times: 9:30, 10:15, 11:00AM, 1:30, 2:15, and 3:00pm.

All visits are 30 minutes each. If more than one family member wants to visit, we ask you to please split the time 15 minutes each. All visits take place in our main dining room where social distancing can be maintained and masks are worn. Any gifts or food that you want to bring to the visit is acceptable, we will give it to your family member after the visit.

If you want to schedule an appointment for visitation, please call me and I will be happy to put you in the schedule. It has been great seeing everyone come in and get the chance to see their loved ones.

Stay healthy and well!

Resident's Rights

Right to be Fully Informed of

- The type of care to be provided, and benefits of proposed treatments
- Changes to the plan of care, or in medical or health status
- Rules & regulations, including the copy of resident's rights
- Contact information for the long-term ombudsman program and the state survey agency
- State survey reports and the facility's plan of correction
- Written notice before change of room or roommate
- Notices & information in a language or manner he or she understands (Spanish, Braille, etc.)

A little note from the MDS Coordinators

During these difficult times we are trying to maintain as normal a routine as possible for our resident's and their families. Just an update to let you know that our quarterly care conferences will continue as scheduled via conference call. If you have already scheduled an upcoming meeting it will occur on the date and time scheduled and you will receive a telephone call at the time you have previously selected. We would like to let you know we are continuing to keep your family members safe and healthy throughout this difficult time.
Thank You!

Brenda & Rita

DID YOU KNOW?

According to FTD Flowers, these fluffy blooms are most commonly associated with romance, prosperity, and bashfulness. Some even believe they're a good luck charm of sorts, bringing good fortune to whoever receives them. Peonies also have some roots in Greek mythology: as one myth states, Apollo used to turn beautiful nymphs into peonies if Aphrodite, the goddess of love and beauty, knew he was flirting with them.

WINTER WEATHER ADVISORY

The Maintenance Department strives on treating the parking lot and walkways with ice melt as needed. Our best efforts do not guarantee that icy areas will not occur, especially between vehicles. From a safety issue, your vigilance is important during foul weather days. Please contact me directly on my cell phone (any time) to report areas that need to be treated.

Thank you in advance,

Dan Aronhalt

Maintenance Director

Cell (401) 497-4731

Your donations of magazines, puzzle and coloring books are greatly appreciated!!!!

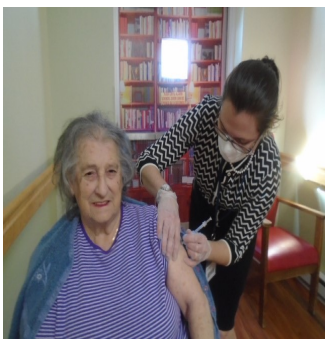
Jose ...3
Nellie ….11
Dolores ...27

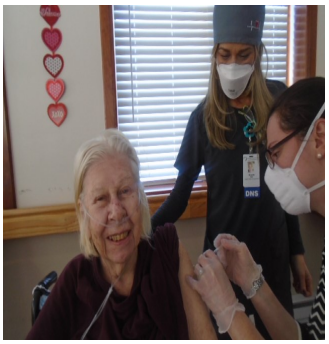
Kudos!

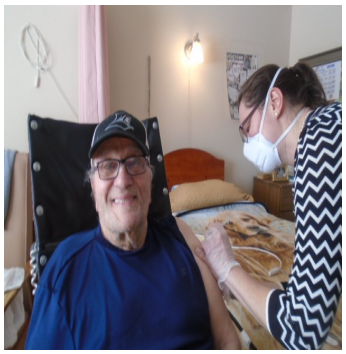
TO THE NEWS STAFF

Ann	Anita
Bill	Danny
Eugenie	France M.
Frances R.	Gloria
Dolores	Joe Pie
Mary D.	Nellie
Eugenie	Joe J.
Rose	Terry
Bob	Anna C.

A shot in the arm to fight COVID-19!!!







FOOD for THOUGHT

Everyone of us ended here, 'cause no one is better than you & I".

-Eugene D.

. . . CLASSIFIEDS & PERSONALS . . .

IN HOUSE BEAUTY SALON

HAIRDRESSER: MELYNDA GALLANT

HOURS:
MONDAYS - 9:00-4:00
PRICE LIST

SHAMPOO & SET	$11.00
SHAMPOO CUT & SET	$17.00
SHAMPOO & CUT	$10.00
PERM	$38.00
COLOR & SET	$25.00
COLOR CUT & SET	$30.00
MEN'S CUT	$10.00

Please make appointments by Friday
Call Lina to set up an appointment

PRE-PAY SERVICE
Payment must be received by Friday

CHECKS PAYABLE TO:
MELYNDA GALLANT

ATTENTION:
PLEASE CALL LINA/ HERITAGE HILLS FOR AN UPDATE ABOUT THE HAIRDRESSER'S SCHEDULE.

In Memoriam

Anthony A.
Terry O.
Mary H.
Vittoria
Doris
Rose C.

MAIL DELIVERY

For privacy and convenience, each resident has been provided with a mail box in their rooms.
Thank You

Holy Rosary DVD
Adult coloring books

You may drop off by the front door
Thanks!!!!

FaceTime™

Enjoy and Engage with your loved ones!!!!
Call Lina to schedule:)

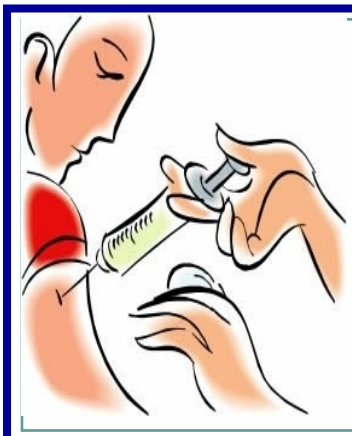
Skype

E M P L OY E E N E W S

Steve M. ...10...Asst. FCB
Tracey ...12… Nursing
Aminata ...17… Nursing
Paula ...18… Nursing
Fernanda ...20… Nursing
Rose J. ...21… Business Manager
Yosmerie ...22… Nursing
Stephanie M. ...24… Housekeeping
Alexia ...26… Nursing
Emma ...27… Activities
Ruka ...27… Nursing

Winner of Vaccination Day Raffle Prizes!!!!

A Day off with pay … Halie T.
50" Smart TV … Emma G.
Air Fryer … Annabel W.
Ring Video Doorbell … Jenny C.
$75 Home Goods/TJ Maxx Gift Card … Maria M.



COVID-19 VACCINATION

Friday

February 19, 2021

9:00-4:00

Main dining Room

Heritage Hills
Nursing & Rehabilitation Center
80 Douglas Pike
Smithfield, RI 02917
401-231-2700

"SWEETHEART" WORD SEARCH

G	D	Y	K	R	I	U	Q	M	I	T	X	V	A	E
N	N	N	W	N	D	P	Y	N	C	E	R	Y	L	P
I	Y	F	I	A	U	D	D	E	K	D	S	B	I	V
R	P	J	U	K	O	W	F	K	E	S	A	U	A	L
I	K	M	G	L	A	R	C	H	A	R	M	I	N	G
P	F	D	L	R	E	F	K	S	O	M	P	F	V	O
S	D	A	M	P	J	S	O	D	Z	P	Y	X	M	R
N	Y	E	B	Q	Z	V	A	E	C	J	T	W	R	G
I	E	F	V	U	G	N	I	T	N	A	H	C	N	E
U	N	U	R	O	L	M	K	B	O	O	G	L	J	O
L	O	B	Q	I	L	O	K	B	R	H	U	O	O	U
V	H	E	D	I	Q	E	U	I	L	A	A	V	Y	S
R	A	D	I	A	N	T	B	S	S	Q	N	E	F	Z
D	E	A	R	B	Y	U	Z	D	H	S	Q	T	U	D
G	N	I	T	S	U	R	T	I	C	J	Q	X	L	E

ADORABLE
BELOVED
CHARMING
DEAR
ENCHANTING
FABULOUS
GORGEOUS
HONEY
INSPIRING
JOYFUL
KISS
LOVE
MY DOLL
NAUGHTY
ONE OF A KIND
PERFECT
QUIRKY
RADIANT
SASSY
TRUSTING
UNIQUE
VIBRANT
WARM