



# The Heritage Herald

Health, Happiness, News & Commitment

The Heritage Herald

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**INFECTION CONTROL**

Barbara Bettez RN, BSN

## Infection Control Survey

On Tuesday, March 23rd, we had an unannounced visit from the Rhode Island Department of Health. It was an inspection to assess our policies and procedures relating to the Covid virus and other infections that may be present in the facility.

The surveyor searched the entire facility for violations. She walked all of the units speaking with residents and staff. She would ask staff about infection control procedures to determine their knowledge. The dietary and maintenance areas did not escape the survey—they were assessed also.

The screening tools that must be completed at the front door by staff and visitors were scrutinized for accuracy. Medical records were also a big part of her visit, checking randomly at resident's records for proper documentation.

Well, we are very excited to report that we were **deficiency-free!!!** After a day and a half of looking for problems, there were none to be found!!

Kudos to our staff. They are very dedicated in performing their jobs well. Thanks to them, our infection rates and Covid numbers, remain low.

**Happy Spring & Happy Easter!!!**



April 4th

*Happy Easter*

April 18-24, 2021



**Celebrating People in Action**

**National Volunteer Week**

*a Heartfelt*



**TO OUR VOLUNTEERS!**

Your continued support during the Covid-19 visitation restrictions is greatly appreciated. We thank you all for reaching out and continuing to donate items for our residents who really enjoy and appreciate your kindness and thoughtfulness.



Want more information about Heritage Hills Nursing & Rehab Center?  
Visit our website: [www.healthconceptsltd.com](http://www.healthconceptsltd.com)





Hello everyone!

We continue to stay positive with the changing Covid-19 process. We continue to test all of the patients, residents, and staff weekly. We will continue to keep everyone informed of results and any changes.

I would like to welcome Cam Sutherland (CNA), Frances Buwell (CNA), and Annia Martin (CNA) to the Heritage Hills Team! Welcome aboard!!!

As we know, there are many changes occurring on a daily basis for Covid regulations, and we continue to follow the Department of Health's guidelines. We are looking forward to having this behind us.

We appreciate all of your patience and we will continue to get through this together.

Happy Spring everyone, and Happy Easter to all who celebrate this holiday!

Brenda Blair, RN, DNS

**From your Receptionist Kara M.**



Hi everyone!

Visitation has been running smoothly and I can't thank everyone enough for their cooperation. Visitation days take place on Tuesdays and Thursdays every week. West wing have visits on Tuesdays and South wing have visits on Thursdays.

Once I call everyone and if spots are still available, you may be able to have a second visit. There are 6 visitation times: 9:30, 10:15, 11:00AM, 1:30, 2:00, and 3:00PM. All visits are 30 minutes each. If more than one family member wants to visit, we ask you to please split the time 15 minutes each.

All visits take place in our main dining room where social distancing can be maintained and masks are worn.

Just a reminder that if you are going to bring any gifts or food for your family member, we will give it to your family member after the visit.

If you want to schedule an appointment for visitation, please call me and I will be happy to put you in the schedule. If the visitation times do not work for you due to your schedule, please let me know so I can accommodate you.

It has been great seeing everyone come in and get the chance to see their loved ones.

**Stay healthy and well!**



**Good Friday** is observed on the **Friday** before Easter Sunday. On this day **Christians** commemorate the passion, or suffering, and death on the cross of Jesus Christ. Many **Christians** spend **Good Friday** in fasting, prayer, repentance, and meditation on the agony and suffering of Christ.



**MAIL DELIVERY**

For privacy and convenience, each resident has been provided with a mail box in their rooms.

**Thank You**

# Resident's Rights

## Right of Access to

- ◆ Individuals, services, community members, and activities inside & outside the facility
- ◆ Visitors of his/her choosing, at any time, and the right to refuse visitors
- ◆ Personal and medical records
- ◆ His or her personal physician and representatives from the state survey agency and long-term care ombudsman program
- ◆ Assistance if sensory impairments exist
- ◆ Participate in social, and community activities



## A little note from the MDS Coordinators



During these challenging times we are trying to maintain as normal a routine as possible for our resident's and their families. Just an update to let you know that our quarterly care conferences will continue as scheduled via conference call. If you have already scheduled an upcoming meeting it will occur on the date and time scheduled and you will receive a telephone call at the time you have previously selected. We would like to let you know we are continuing to keep your family members safe and healthy throughout this challenging time. Thank You!

Brenda & Rita

## Did You Know?

- Decorating **eggs** is an ancient tradition. ...
- In Germany, people dance with **eggs**. ...
- The world's biggest **Easter egg** was more than 34 feet tall. ...
- Before plastic, **Easter eggs** were made with cardboard. ...
- There's a reason some chocolate **eggs** look like dinosaur **eggs**. ...
- The most expensive chocolate **Easter egg** sold for more than \$10,000.



*"It's nice to come here, close my eyes and take a nap."*

-Eugenie D.

## Giggles and FUN

**There are some friends you know will never pull an April Fools' Day prank...**

Because they think it's still March.

**What do you call a hammer bought on April 1st?**

April fool.

**Why was the donkey annoying his friend?**

It was April Mules' Day!



- ♦ **Cumberland Senior Center** for their donation of fidget blankets
- ♦ **Smithfield Rotary Club** for their donation of 4 laptops, 2 baskets of art supplies, 1 basket of word puzzles and numerous lap blankets
- ♦ **Sabina** who regularly drops off religious items (Rosary beads, Rosary & Catholic Mass DVDs)
- ♦ **Families & friends** who continue to drop off word search/crossword puzzles, large print books , DVD movies, & magazines
- ♦ **Families & friends** who continue to support our Activity Department

FRIDAY

APRIL 23rd

2:00pm



FRIDAY

APRIL 30th

2:00pm

# Great Memories

April Fools & Easter

**Bob** enjoyed pranks on April Fools. His favorite was tooting car horns and running away before getting caught. He also remembers at Easter time, his family enjoyed a delicious ham dinner and buying chocolates for his kids.

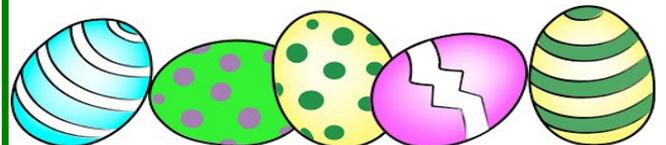
**Ann A.** fondly remembers ringing doorbells and running away before getting caught. While it was fun to do these pranks on April Fool's day, Easter egg hunting was so much fun, not to mention getting new clothes!

As for **Louise L**, she always looked forward to getting new shoes for Easter.

**Nellie's** grandparents would come over for Easter dinner and bring all the children chocolate bunnies.

"April brought on spring cleaning!", says **Mary Do.** "We all cleaned and planned for Easter. One of my favorite things was getting an Easter basket together with my niece Patty. She always enjoyed the selection of chocolates!"

**Frances M.** looked forward to having her daughters home for April vacation. "I enjoyed putting together their Easter chocolates. I would plan my Easter tradition of Easter baked ham dinner!"





# Kudos!

TO THE NEWS STAFF

Ann	Anita
Bill	Danny
Eugenie	Frances M.
Frances R.	Gloria
Dolores	Joe Pie
Mary D.	Nellie
Joe J.	Rose
Karen	Bob
Anna C.	Mary Do.



*Residents*  
**April Birthdays!**

*Residents*  
**March BIRTHDAYS**  
*Theresa V. Nick*



**Hats off to great work!**

Special **thanks** to our resident **Donna** who always takes time to play board games with our residents .

**You are greatly appreciated .**



Our Newsletter is now available via- email!! Please call Kara, our receptionist and provide your information.

Be assured that we will not share your email with anyone !!!

... CLASSIFIEDS & PERSONALS ...



**IN HOUSE BEAUTY SALON**

HAIRDRESSER: MELYNDA GALLANT

**HOURS:**  
MONDAYS - 9:00-4:00  
**PRICE LIST**

SHAMPOO & SET	\$11.00
SHAMPOO CUT & SET	\$17.00
SHAMPOO & CUT	\$10.00
PERM	\$38.00
COLOR & SET	\$25.00
COLOR CUT & SET	\$30.00
MEN'S CUT	\$10.00

**Please make appointments by Friday**

Call Lina to set up an appointment

**PRE-PAY SERVICE**

**CHECKS PAYABLE TO:**

**Payment must be received by Friday**

**MELYNDA GALLANT**

**ATTENTION:**

**PLEASE CALL LINA/ HERITAGE HILLS FOR AN UPDATE ABOUT THE HAIRDRESSER'S SCHEDULE.**

*In Memoriam*

James W.  
Joan P.

**Welcome To Our Newest Residents!**

Sophie P. Evelyn A.  
Donna E. Anna P.  
Thomas C.

**Wish List**

Holy Rosary DVD  
Adult coloring books  
Large Print books & puzzles  
Musical DVDs

You may drop off by the front door  
Thanks!!!!

**FaceTime™**

Enjoy and Engage with your loved ones!!!!  
Call Lina to schedule:)

**Skype**

# EMPLOYEE NEWS



Blow out the candles,  
 wish away,  
 you are the  
 superstar of the day.  
**HAPPY BIRTHDAY!**

- Oluremi ...4...Nursing
- Opeyemi...10... Nursing
- Julia...15... Nursing
- Janet...17... Nursing
- April...19... Dietary
- Sherry ...21...Nursing
- Wendy ...25... Dietary
- Rhonda ...26... Nursing
- Mary ...27... Housekeeping
- Samantha ...30... Activities

## SAY HELLO TO OUR **NEW HIRES**

Cam (CNA)

Ashley (Rehab)

Frances (CNA)

Annia (CNA)



### From The Business Office...



**Please remember to  
 pick up  
 your paystubs  
 weekly!**

## “APRIL FOOLS” WORD SEARCH

AMUSING  
 COMICAL  
 DECEIVE  
 FOOLISH  
 GAG  
 HUMOROUS  
 JESTER  
 KOOKY  
 MISCHIEVOUS  
 NONSENSE  
 OUTRAGEOUS  
 PRANK  
 QUIRKY  
 SURPRISE  
 TRICKERY  
 VICTIM  
 WILD  
 ZANY

V	D	F	Z	A	J	Y	N	Z	Z	R	C	T	M	Y
F	I	A	M	M	Q	O	V	L	P	O	M	E	O	M
L	N	C	J	U	N	Y	Q	C	M	P	A	B	G	I
Y	E	B	T	S	K	E	V	I	E	C	E	D	A	S
Z	O	P	E	I	H	N	C	V	E	U	S	Y	G	C
T	B	N	B	N	M	A	A	S	V	U	T	K	F	H
K	S	E	W	G	L	S	I	R	O	G	G	R	G	I
E	H	N	C	E	I	R	M	R	P	V	F	I	K	E
H	F	K	S	D	P	M	O	U	L	P	P	U	J	V
X	S	T	O	R	I	M	W	T	E	J	V	Q	C	O
W	R	I	U	O	U	T	R	I	C	K	E	R	Y	U
I	J	S	L	H	K	Q	Q	J	E	S	T	E	R	S
L	G	Z	J	O	Y	Y	G	C	D	A	S	H	G	Z
D	J	V	S	U	O	E	G	A	R	T	U	O	H	X
A	B	E	F	M	K	F	L	S	X	W	Z	U	M	B